Postural Assessment Practical Exam

Student: ________________________________

OBSERVATION

1) Explains procedure to patient /1
2) Begins procedure with whole body observation /1
3) Follows organized progression of observation in 3 views /2
4) Correct use of plumb line in all 4 views.
   (ie alignment with landmarks in ant, lat x2, post) /4

PALPATION

1) Demonstrates effective palpative skills
   (hand position, hand use/control) /3
2) Identifies bony and soft tissue landmarks correctly
   (firm palpation, confident hands) /8

**Key areas examiner will note**
Anterior view: foot angle, arches, malleoli, fibular heads, knees, patellae, pubic bone, asis, iliac crest, palms of hands, carrying angle, waist angles, ribs, clavicles, shoulders, trapezius neck line, nose, jaw, head.
Lateral View: knees, pelvic angle, chest, mms of abd, chest, and back, shoulders, spine, ear lobe/tragus/external auditory meatus
Posterior view: heels, achilles tendon, popliteal fossa, psis, arms, waist angles, ribs, spine, scapula, shoulders, head

GENERAL

1) Is able to provide meaningful summarization /3
2) Overall charting/recording performance /2
3) Overall effectiveness, competence, confidence /2
4) Professional communications and deportment, demeanor /2
5) Time management /2

Total: ____________________/30

COMMENTS: proctor name: ________________