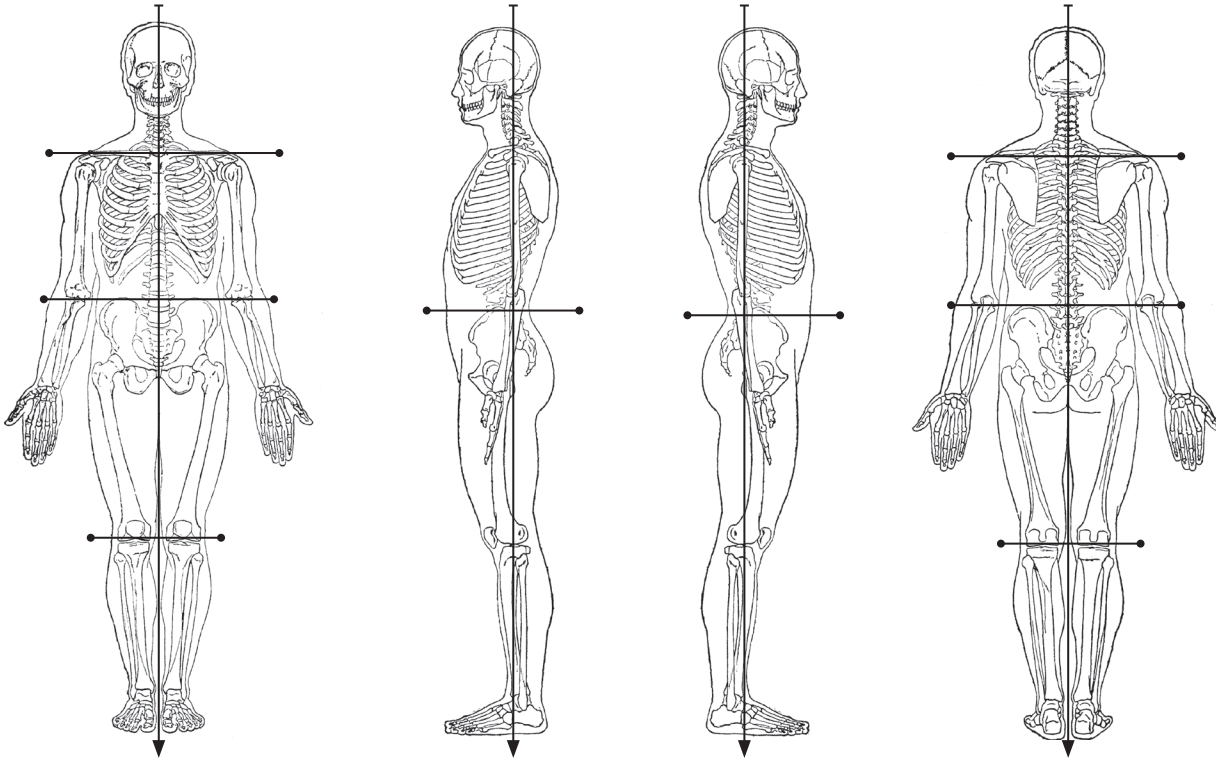


## Initial Scan Exam (ISE)



### Palpation summary (4 T's)

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.....

.....

### Functional tests

Region	Functional Test	Findings (pain/ROM)

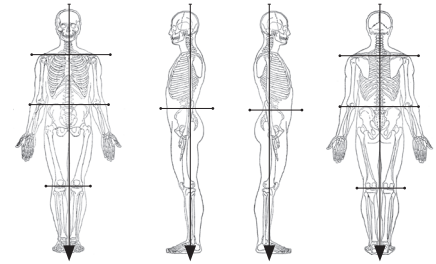
#### Regional Functional Tests

- |  |   |   |
|--|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Shoulder (Apley's superior/inferior)</li> <li><input type="checkbox"/> Elbow (flexion/extension)</li> <li><input type="checkbox"/> Wrist/hand (hand shake/grip)</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Hip (squat &amp; rise)</li> <li><input type="checkbox"/> Knee (squat &amp; rise)</li> <li><input type="checkbox"/> Ankle (squat &amp; rise, heel/toe walk)</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> C-spine (shoulder check, up/down)</li> <li><input type="checkbox"/> T-spine (flexion/extension)</li> <li><input type="checkbox"/> L-spine (squat &amp; rise, touch toes)</li> </ul> |
|--|---|---|

Student has 10 minutes to complete this exam

grade \_\_\_/5 & comment if issue

0      1      2      3      3.5      4      5  
 unacceptable   poor      developing      acceptable      good      excellent



**Intro statement, explain procedure & consent.....** \_\_\_/5

**Observation .....** \_\_\_/20

- Start with full body observation (\_\_\_/5)
- Identifies primary area of concern (\_\_\_/5)
- Organized progression of observation in 4 views (\_\_\_/5)
- Records findings information correctly (\_\_\_/5)

**Palpation .....** \_\_\_/30

- Permission to palpate & bilateral comparison (\_\_\_/5)
- Focuses palpation affected region (\_\_\_/5)
- Effective palpation
  - Superficial to deep (\_\_\_/5)
  - Appropriate for condition (\_\_\_/5)
  - Hand control & confidence (\_\_\_/5)
- List of structures below hand (muscle, ligament, nerve, bone, vessel) (\_\_\_/5)

**Functional Test .....** \_\_\_/20

- Appropriate tests for body region & suspected condition (\_\_\_/5)
- Follows correct sequence
  - ADLs then, (\_\_\_/5)
  - Anatomical motions (\_\_\_/5)
- Records test results correctly (\_\_\_/5)

**Overall .....** \_\_\_/25

- Provided a comprehensive summarization (HIPMNRs) (\_\_\_/5)
  - Inspection, Palpation, Motion
- Overall charting/recording performance (\_\_\_/5)
  - Legible, clear enough for next clinician to clearly understand findings
- Effective, confident, professional demeanor (\_\_\_/5)
- Lack of prompting (\_\_\_/5)
- Time management (\_\_\_/5)



Text reference: Evidence Informed Physical Assessment.

Proctor: \_\_\_\_\_

Date: \_\_\_\_\_